NCCA Newsletter
Fall 2014

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NCCA Spring Conference Highlights

50th Anniversary

April 24-25, 2014

Honoring our Past,
Celebrating our Present,
Envisioning our Future
CONFERENCE SPEAKERS David Carl (left) of Carolinas Healthcare System addresses the chaplains’ role in patient experience. Carl joined Devin Griffith of Randolph Hospital, who spoke on population management, and Gary Gunderson from Wake Forest Baptist Medical Center, who addressed the Memphis Project / Faith Health Network.

Creativity Ritual Art

SACRED ARTMAKING Above: An altar made of carefully chosen stones naming our strengths as chaplains. Right: Beth Jackson-Jordan and Barry Morris design prayer flags that signified healing and nurturing visions for ourselves, our workplaces, and the NCCA.

Orville Hicks, Appalachian storyteller, entertained chaplains with his homespun tales Wednesday evening.
Greetings! I’m excited to be a part of the North Carolina Chaplains’ Association as we conclude our 50th anniversary year. We celebrate a rich history as one of the strongest state chaplains’ associations in the country.

As I begin my term as president, I’m delighted to be working with an outstanding executive committee. We have a great mix of returning and new members that represent all the regions of our state as well as a variety of chaplaincy settings. Our newest members include Vice-President Cynthia Vaughan from New Hanover Medical Center in Wilmington, Secretary Patricia Cadle from UNC Healthcare in Chapel Hill, Publicity Chair Melanie Childers from Watauga Medical Center in Boone, Advocacy Chair Saundra Casey from Pruitt Health Hospice in Farmville, and Marketing Chair Walt Windley from Hospice and Palliative Care of the Charlotte Region. They join previous members Darryl Jefferson, Education Chair; Wanda Burton-Crutchfield, Treasurer; Barry Morris, Past President; Jeanell Cox, Administrative Coordinator; and Katherine Franklin-Kent, Web Consultant.

Due to the leadership of our past president, Barry Morris, and the rest of the executive committee, we have a set of strategic goals that will enable us to thrive as we move into the future. The success of NCCA also depends on having engaged and active members. We need you! We need you to maintain your membership, attend meetings, and help us recruit new members so we can be a vital, professional organization for all the chaplains in North Carolina.

As I think about the many strengths of the NCCA, I truly believe our membership is our greatest asset! At recent NCCA meetings, I’ve enjoyed meeting chaplains who provide innovative spiritual care programs in a variety of settings including chaplains dedicated to staff ministry, corporate chaplains addressing grief in the workplace, long-term care chaplains training residents to be lay spiritual care visitors, cancer center chaplains developing integrative programs to manage pain and anxiety, hospice chaplains planning
retreats for children impacted by grief and loss…and the list goes on. In addition to the formal educational offerings at our meetings, I am struck by the depth of learning I receive from conversations with colleagues and the exchange of ideas. We have so much to give to one another and this association provides a safe and welcoming space for that to happen.

At our spring conference, Patricia Cadle led an exercise in which we completed ‘Hopes and Dreams’ cards for the NCCA. Some of the top hopes and dreams shared for the NCCA are “personal renewal, fellowship and relationship building, and maintaining a relevant presence as professional chaplains.” My goal as president is to work with you in making these hopes come alive in each of our gatherings.

Our fall education day will focus on promoting resiliency in the face of staff moral distress. The choice of a theme is based on your feedback from our spring conference and recent articles in the Journal of Health Care Chaplaincy. Our presenters are chaplains from across North Carolina who use creative modalities to nurture resilience with interdisciplinary staff. This is a wonderful opportunity to learn from your peers as well as enjoy fellowship and relationship building with your chaplain colleagues.

I’m honored to serve as president for a group of chaplain colleagues who are such an inspiration to me. Thank you for all the many ways you foster hope in those you serve on a daily basis!

Beth

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**NCCA Executive Committee—2014**

- President: Beth Jackson-Jordan
- Vice President: Cynthia Vaughan
- Treasurer: Wanda Burton-Crutchfield
- Secretary: Patricia Cadle
- Administrative Coordinator: Jeanell Cox
- Advocacy Chair: Saundra Casey
- Publicity Chair: Melanie Childers
- Education Chair: Darryl Jefferson
- Marketing Chair: Walt Windley
- Past President: Barry Morris
- Web Consultant: Katherine Franklin-Kent
Karen Moore, Director of Chaplaincy Services at Aldersgate Retirement Community, received the 2014 NCCA Chaplain of the Year Award during the NCCA Spring Meeting held at Blowing Rock Conference Center.

Karen has served as a chaplain in a variety of settings including a hospital, a hospice, as a community chaplain, and currently, as the chaplain for Aldersgate Retirement Community in Charlotte, NC. Karen demonstrates exemplary service in each of the criteria set forth for Chaplain of the Year. Her nomination was submitted by Chaplain Cathy Hasty and many colleagues sent letters of support. Excerpts from those letters include:
“Karen’s love and compassion for senior residents is palpable. The manner in which she goes about her work is at a pace and with a tone that continually offers calmness and grace.”

“Her compassion, work ethic, and commitment to excellence were always present.”

“Karen has faithfully served our elders, their families and our staff with a commitment and dedication to caring that truly comes from her soul.”

“As part of the overall leadership team, she is simply willing to dive in and help in whatever way she is needed.”

“Her expertise in serving on mid-year evaluations, peer reviews for chaplains, the NCCS executive committee, APC leadership positions has benefitted me as a professional colleague...I am honored to work with someone who is respected and admired locally and nationally in professional chaplaincy.”

It was an honor to read the stories and words of affirmation that came in to support Karen’s nomination. She represents the very best in the qualities we promote for professional chaplaincy and in the North Carolina Chaplains’ Association! Congratulations Karen!

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Have a colleague you deeply respect?

Why not nominate him or her as

Chaplain of the Year 2015

NCCA’s annual professional award

Contact vicepresident@ncchaplains.com for more information
"Resilience" focus of October 2 education day

By Darryl Jefferson

“Education is a lifelong process. Anything that we can do to help us grow and enrich the lives of ourselves and others is a blessing to all of us.”

- Betty Rich, Hospice Volunteer

On the evening of Wednesday, October 1st and continuing on Thursday October 2nd, 2014, the North Carolina Chaplains' Association (NCCA) will return to Haw River for our annual Fall Education Day. The theme is “Resilient Responses to Moral Distress.” Each year we attempt to do some things to pique your interest. Here is a list of the new offerings this year:

• We will begin on the evening of Wednesday the 1st and have a workshop on APC Board Certification.
• Elizabeth Morse with Carolinas Healthcare will be leading a session on “Mindful Compassion.”
• Bob Hamilton with Moses Cone will be leading a session on “Code Lavender,” which is a tool uses by his system to address distress of the staff.
• On Thursday afternoon, we will have some breakout sessions designed to give you some tools and information to help address staff distress at your centers. The sessions are on guided imagery, hand massage, the “Sawdust of Chaplaincy,” and therapeutic handwriting.
• This year we will also conclude our time with a “Blessing of the Hands.”
• There is an opportunity to obtain 6 CEUs.

Hope to see you at Haw River!!!
Fall Education Day: “Resilient Responses to Moral Distress”
Thursday, October 2, 2014
The Summit at Haw River State Park

Schedule of Events

**Wednesday, October 1, 2014**
7:00pm    APC Board Certification Workshop

**Thursday, October 2, 2014**
8:00am    Registration
8:45am    Welcome
9:00am    Session I – Mindful Compassion
          presented by Elizabeth Morse
          Spiritual Care Manager, Carolinas Rehabilitation
          Carolinas Healthcare System

10:30am   Break
10:45am   Session II – Project: Code Lavender
          presented by Bob Hamilton
          Director, Department for Spiritual Care and Wholeness
          Cone Health

Noon      Lunch
1:00pm    Business Session
1:30pm    Breakout Sessions:
          - Guided Imagery
          - Hand Massage
          - Therapeutic Writing
          - “Sawdust” of Chaplaincy

            presented by:
            Elizabeth Morse
            Jennifer Cox
            Heidi Gessner
            Ric Durham

3:00pm    Q&A/Evaluations/Blessing of the Hands led by Karen Moore

A total of 6 CEUs will be offered.
Registration accepted through September 22.

**Thursday Conference Registration**
NCCA Members: $50    Non-Members: $65    CPE Students: $35

**Board Certification Pre-Conference Workshop Registration**
NCCA Members: Free    Non-Members: $25    CPE Students: Free

**Room Costs**
Private Room: $90    Double Occupancy: $70

To register, visit www.ncchaplains.com.
For more information, e-mail admincoordinator@ncchaplains.com,
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Durham, NC 27705-2659
Certification mentors needed for BCC candidates
By Melanie Childers, APC Area Certification Chair

No matter how long it has been since we were certified, most board certified chaplains can remember the tedium and anxiety involved in preparing materials and meeting a committee for certification. The Association of Professional Chaplains strongly recommends now that candidates for certification request a mentor to assist them through that process. Mentors generally serve as a sounding board and assist in interpreting the professional competencies. They may work by telephone and email or in person. Some mentors even set up a mock committee to help the candidate prepare. Most of the time, mentors’ main task is to review drafts of candidates’ essays and verbatim material, offering guidance and feedback as requested.

Mentors are assigned by the APC state representative in each state (if available) or by the Area Certification Chair. If you are considering additional ways to get involved in a professional association, please consider becoming a mentor for certification candidates. This can be a rewarding way to keep your own skills and competencies fresh, while offering help and encouragement to a colleague.

If you would like to be placed on a list of potential mentors who might be assigned from time to time, please email Melanie Childers at MChilders@apprhs.org. We promise not to overload you with too many requests!